# **2016 Western Reserver Conference Meet (WRC)**

Kenston High School 17409 Snyder Rd, Chagrin Falls, 44023

## Saturday, October 15, 2016

High School Boys Varsity (unlimited)	10:00
High School Girls Varsity (unlimited)	10:45
Middle School Boys (unlimited)	11:30
Middle School Girls (unlimited)	12:00

High school races will be 5000 meters. Middle school races will be 3200 meters. Races will be unlimited entries. There is not an Open race.

#### The course

Kenston utilizes 2 courses. The Stadium course and the Trails course. The WRC 2016 meet will utilize the Trails course also used for the 2016 Gibas Invitational. The course begins and ends on the Southeast area of the Kenston grounds and features sharp uphills, gradual downhills, wooded trails and open fields. It is an excellent spectator course with a true cross country feel.

#### **Awards**

## **High School**

1st place individual - MVP

2nd - 8th place: 1st team All WRC 9th - 16th place: 2nd team All WRC 2 Honorable Mentions per team

#### **Online Entry**

Online entry via Baumspage.com.

## **Timing**

We will utilize chip timing. Each athlete will receive one chip that should be firmly fastened to their right shoe. When you pick up your team packet, please return any extra chips for non-competing athletes. There is a \$30 charge for any missing chips and that will be charged to the representing team.

### **Team Camps**

Team camps are permitted near the finish line and just north of bus parking. Please establish a team camp in an area that does not interfere with the course.

### **Parking**

Buses should enter via Bainbridge Rd. Buses can park in the designated bus parking area closest to the course

All spectators MUST enter via Snyder Rd. Spectators should ideally enter via the 1<sup>st</sup> Kenston driveway off of Snyder Rd, just north of Bainbridge Rd.

#### **T-Shirts**

A limited amount of shirts will be available for sale at \$10 each. A smoothie truck will also be on hand.

Paul Silk Meet Director

Scott Pierce HS Athletic Director scott.pierce@kenstonapps.org
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